

# ROUNDALAB STANDARD

## Abbreviations

### I. INTRODUCTION & CHANGES

#### INTRODUCTION:

**Purpose of Abbreviations:** To reduce the size of words, without confusing the reader, and to conserve space within the body of the cue sheet. The following guidelines apply to the usage of abbreviations and punctuation.

The format of the title reflects the status of the descriptions or definitions that follow:

Approved Standard -  
Tentative Standard -

**Boldface Type**

Underlined and preceded by a single asterisk [\*].

On ROUNDALAB Teaching Videos [RTVs] -

Preceded by a number sign [#].

Copies of the following additional manuals, booklets, ROUNDALAB Teaching Videos [RTVs], Digital Video Discs [DVDs], and Figure Video Software [FVS] may be purchased from:

ROUNDALAB  
PO Box 1928  
Auburn, ME 04211  
PHONE: 877 Y I DANCE [877-943-2623] US/CANADA  
207-904-0220 all other countries  
WEBSITE: [www.roundalab.org](http://www.roundalab.org)  
E-MAIL: [roundalab@roundalab.org](mailto:roundalab@roundalab.org)

- Phase Booklets – Phases I through VI
- Glossary
- Abbreviations Booklet
- Index for Glossary & Phase Booklets
- Listing of Phase Rated Actions, Movements and Figures by Rhythm Booklet
- Listing of Phase Rated Actions, Movements and Figures by Phase Booklet
- Cueing Guidelines
- Cue Sheet Writing Guidelines
- New Round Dance Leaders Manual - Phase I / II
- Teaching Manuals for Phase III and IV
- Preliminary Foot Movements & Positions/Dance Positions/Walks in all Rhythms Booklet
- Callers Manual for Using Rounds in the Square Dance Program
- ROUNDALAB Teaching Videos [RTVs]
- Instructional Digital Video Discs [DVDs] [Phase I through Phase VI and Addendum]
- Figure Video Software [FVS]

Because of changes over time as well as differences of interpretation, inconsistencies may appear between the ROUNDALAB Teaching Videos [RTVs], Digital Video Discs [DVDs], Figure Video Software [FVS] and the ROUNDALAB Phase Booklets. In such instances, the Phase Booklets should be taken as containing the most up to date material available.

## **ROUNDALAB STANDARD**

### **Abbreviations**

#### **CHANGES:**

Proposed changes to this Standard should be submitted to:

ROUNDALAB  
PO Box 1928  
Auburn, ME 04211  
PHONE: 877 Y I DANCE [877-943-2623] US/CANADA  
207-904-0220 all other countries  
WEBSITE: [www.roundalab.org](http://www.roundalab.org)  
E-MAIL: [roundalab@roundalab.org](mailto:roundalab@roundalab.org)

Proposed changes are to be submitted as follows:

1. Specific reason[s] for the change.
2. Proposed changes must be received by November 1 to be considered at the next Annual ROUNDALAB Convention.
3. Request[s] to change Tentative Standards must be endorsed by signatures from at least two [2] ROUNDALAB Teaching Member Units in good standing. These endorsements must be part of, and accompany, the original request.
4. Tentative Standards will be considered permanent if no comment is received within the year following approval at the annual convention. Tentative Standards are preceded in the phase booklets with an asterisk [\*].
5. Request[s] to change Permanent Standards must be endorsed by signatures from at least five [5] ROUNDALAB Teaching Member Units in good standing. These endorsements must be part of, and accompany, the original request.
6. Request for addition and phasing of a new action, movement or figure requires three [3] different choreographers use the action, movement or figure in three [3] dances prior to being defined and included in the ROUNDALAB Standards. Requests must be endorsed by signatures from at least five [5] ROUNDALAB Teaching Member Units in good standing. Cue sheets are to be submitted with the request and must be received by November 1 to be considered at the next Annual ROUNDALAB Convention.

# ROUNDALAB STANDARD

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### ROUNDALAB PHASE RATING SYSTEM

The purpose of the "**ROUNDALAB Phase Rating System**" is to provide a method for rating basic round dance actions, movements and figures according to the degree of complexity. This system can be readily used and understood by all those involved in round dancing to rate a dance at the appropriate phase. This concept works as follows:

- a. If all actions, movements and figures in a dance are from the same phase, the dance will be phased at that phase.
- b. A dance cannot have more than two actions, movements or figures [or any combination thereof] from the next higher phase and remain at the lower phase.
  - [1] If there is one action, movement or figure in a dance from the next higher phase, the dance will be phased at the lower phase plus 1 [e.g., a Phase II dance with one figure from Phase III will be rated Phase II +1].
  - [2] If there are two actions, movements or figures [or any combination thereof] in the dance from the next higher phase, the dance will be phased at the lower phase plus 2 [e.g., a Phase II dance with two figures from Phase III will be rated Phase II +2].
  - [3] Three or more actions, movements or figures [or any combination thereof] in the next higher phase requires the dance to be rated at the higher phase level.
- c. A dance cannot be rated any lower than one phase below the highest action, movement or figure used [e.g., a Phase III dance with one figure from Phase V will be rated as Phase IV +1].
- d. If a particular rhythm in a phase has lists of "a" and "b" figures, the choreographer, teacher or cuer may optionally choose to phase the dance more precisely by using the "a" or "b" designation. Example: Phase IV Waltz may be phased as IV-a or IV-b. If using this option, the following guidelines apply:
  - [1] Use the ROUNDALAB official "a" and "b" figure lists for the particular rhythm and phase. Lists may be found within the Phase booklets. Not all rhythms or phases have such lists. If there are no such lists, continue to follow the phasing guidelines above and do not include an "a" or "b" in the phase rating.
  - [2] Dances may only be phased at the "a" category if ALL figures in the dance are on the "a" list for that phase or are from a lower phase, all actions and movements are also within that phase or are from a lower phase, and there are no unphased actions, movements or figures in the dance. No "plus" figures are allowed in an "a" dance. [e.g., A dance may be a Phase IV-a, but it cannot be a Phase IV-a +1 dance. See next section for how to phase such a dance].
  - [3] If there are one or more figures from the "b" list in the dance, the dance is to be phased at the "b" level for that phase. [e.g., A Phase IV Waltz with all figures from the "a" list except one figure from the "b" list is to be phased IV-b].
  - [4] If there are one or more figures from one phase higher, or if there are any unphased actions, movements or figures, the dance is to be phased at the "b" level, even if all of the other figures are from the "a" list. [e.g., A Phase IV Waltz that uses only figures from the "a" list plus one figure from Phase V is to be phased as IV-b +1. A Phase IV Waltz that uses only figures from the "a" list plus one Phase V figure plus one unphased figure is to be phased IV-b +1 +1. A Phase IV Waltz that uses only figures from the "a" list plus one unphased figure is to be phased IV-b +0 +1].

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### **Abbreviations**

- [5] If the dance uses multiple rhythms and one or more rhythm[s] being used has the “a” or “b” designations, and one or more rhythm[s] does not have “a” or “b” designations, or if the dance uses one or more figures from a different rhythm that does not have an “a” or “b” list, then it should be phased either as a “b” or no “a” or “b” designation should be listed. [e.g., A Phase IV dance using Jive and Foxtrot with all Foxtrot figures from the “a” list is to be phased as a Phase IV {no “a” or “b” designation}, as Jive does not have an “a” or “b” list, or could be phased as a Phase IV-b if desired.

ROUNDALAB suggests the Phase Rating be included in the lead information on every cue sheet. Choreographers should put a “degree of difficulty” as part of the heading of a cue sheet, as determined by the following parameters:

- a. EASY [EZ] – a dance that can be done to cues by the average dancer at THAT phase level without further instructions by the cuer.
- b. AVERAGE [AVG] – a dance that can be done to cues by the average dancer at THAT phase level with one or two simple instructions explained by the cuer, e.g., “Lady rolls to LOP, not a Cross Wrap”.
- c. DIFFICULT [DIFF] – a dance that probably cannot be done by the average dancer at that phase level without a special teach because of rotations; unphased actions, movements or figures; unusual positioning; figure modifications; or tempo or timing changes.

ROUNDALAB recommends that choreographers assume the responsibility of rating their own dance before publication. However, if the choreographer does not rate the dance, then any person can easily rate the dance by using ROUNDALAB criteria.

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## Abbreviations

### II. GUIDELINES

The following rules apply to the usage of abbreviations:

#### RULE:

- #1** Words or expressions that are not included in the “Abbreviation List” should be spelled out completely.
- #2** All positions, hall directions, and turning directions shall be in capital letters.  
e.g., “OP”, “COH”, “LF”
- #3** Letters within the abbreviations in upper case must be used in upper case.  
e.g., “LOD”, “Xib”
- #4** Letters within the abbreviations in lower case should generally be used in that case. But judicious usage of capitalization is permissible.  
e.g., “Apt Pt”, “chg plcs”
- #5** A “un” may be pre-fixed to undo a figure.  
e.g., “unwrp” means “unwrap”
- #6** An “s” may be suffixed to any abbreviation to create plurality.  
e.g., “hnds”, “chg plcs”
- #7** An “’s” [with apostrophe] may be suffixed to create ownership.  
e.g., “M’s L ft” means “man’s left foot”
- #8** A “g” may be suffixed to replace “ing”.  
e.g., “fcg” means “facing”
- #9** A “d” may be suffixed to replace “ed”.  
e.g., “jnd” means “joined”
- #10** Any number may be represented in its numeric form.  
e.g., “2 fwd 2 steps” means “two forward two steps”
- #11** Abbreviations may be combined.  
e.g., “ovrspn” means “over spin”
- #12** A “-” [hyphen] may replace “-to-” or “to”.  
e.g., “fc-fc” means “face-to-face” or “face to face”  
“chg plcs R-L” means “Change Places Right to Left”

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### III. PUNCTUATION

- # The "number sign" is used in the phase booklets to denote figures on the ROUNDALAB Video Phase Tapes.
- & The "and" or "ampersand" denotes a half beat, an additional step to a single beat.
- () The "parentheses" are used ONLY to show the steps for the woman.
- ,
- The "hyphen" preceded by a space indicates a hold or wait during a beat of music.
- / The "slash" denotes two foot actions on one beat, e.g., step/step, step on counts 1&, 2& or on 1a, 2. Or, sometimes two figures are danced in the same measure at the same time, one partner performing one figure while the other partner performs the second figure, e.g., Hitch/Scissors.
- 1 An Arabic number to the left of a description denotes the measure being described. An Arabic number following a cue term denotes the number of steps to be taken.
- ;
- [ ] The "brackets" are used only to surround supplementary information.
- a A small "a" denotes the last quarter [1/4] of a beat; an additional step within the beat.
- { } The "braces" are used for figure name in the detail text portion of the Cue Sheet. e.g., {Box} sd, cl, fwd,-; sd, cl, bk,-;
- ~ The "tilde" is used in Head Cues to connect figures that cross measures. e.g., Change R to L ~ Change L to R;;;

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## Abbreviations

### IV – ABBREVIATIONS [alphabetized by Abbreviation]

<u>ABBREVIATION</u>	<u>DEFINITION</u>	<u>ABBREVIATION</u>	<u>DEFINITION</u>
1-9	one through nine, etc.	chr	chair
1/2	half	chr1stn	Charleston
1/4	quarter	chs	chase
2x, 3x....	twice, 3 times, etc.	circ	circle
		ck	check
abt	about	cl	close, closed
ack	acknowledge	cntr	center
acrs	across	COH	Center of Hall
adj	adjust	comm	commence
adv	advance, advanced	comp	complete
alt	alternating	cont	continue, continuous
amer	American	copa	copacabana
approx	approximately	CP	Closed [Position]
apt	apart	cpl	couple
AT	Argentine Tango	crb	crab
arnd	around	criss x	cross cross
avg	average	crv	curve
awy	away	ct	count
		cuca	cucaracha
		CW	Clockwise
bal	balance		
bas	basic	dbl	double
ball	basketball	demo	demonstration
bdy	body	DIAG	Diagonal, diagonally
BFLY	Butterfly [Position]	diam	diamond
bhd	behind	diff	difficult
BJO	Banjo [Position]	dir	direction
bk	back	DLC	Diagonal Line of Dance and Center of Hall
bk ocho	back ocho		
BL	Bolero [Rhythm]	DLW	Diagonal Line of Dance and Wall
brg	bridge		
brk	break	dp	dip
brkn	broken	dr	door
brkwy	breakaway	DRC	Diagonal Reverse Line of Dance and Center of Hall
bt	beat		
bth	both	drg	drag
bwd	backward	DRW	Diagonal Reverse Line of Dance and Wall
cbm	contra body movement	dwn	down
CBMP	Contra Body Movement Position		
CCW	Counterclockwise		
CH	Cha Cha	elev	elevation
chal	challenge	ez	easy
chg	change		
chkn	chicken		

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<b>falwy</b>	fallaway	<b>L</b>	left
<b>fc</b>	face	<b>L ft bas</b>	left foot basic
<b>FCG</b>	Facing [Position]	<b>lc</b>	lace
<b>fig</b>	figure	<b>LCP</b>	Loose Closed [Position]
<b>fin</b>	finish	<b>ld</b>	lead
<b>flk</b>	flick	<b>LF</b>	Left Face
<b>flr</b>	flare	<b>lk</b>	lock
<b>fnc</b>	fence	<b>LOD</b>	Line of Dance
<b>frnt</b>	front	<b>lrt</b>	lariat
<b>fshtl</b>	fishtail	<b>lun</b>	lunge
<b>FT</b>	Foxtrot		
<b>ft</b>	foot	<b>M</b>	man/gent/gentleman
<b>fthr</b>	feather	<b>manuv</b>	maneuver
<b>FVS</b>	Figure Video Software	<b>MB</b>	Mambo
<b>fwd</b>	forward	<b>meas</b>	measure
<b>fwd ocho</b>	forward ocho	<b>mod</b>	modify/modified
		<b>mom</b>	momentary
<b>gcho</b>	gaucho	<b>mpm</b>	measures per minute
<b>gcho trn</b>	gaucho turn	<b>MR</b>	Merengue
		<b>mv</b>	move
<b>hd</b>	head	<b>mvt</b>	movement
<b>hes</b>	hesitation	<b>MX</b>	mixed or multiple rhythms
<b>hgt</b>	height		
<b>hk</b>	hook	<b>nat</b>	natural
<b>hky</b>	hockey	<b>ny</b>	New Yorker
<b>hnd</b>	hand		
<b>HNDSHK</b>	Hand Shake [Position]	<b>OP</b>	Open [Position]
<b>htch</b>	hitch	<b>op</b>	open
<b>hvr</b>	hover	<b>opp</b>	opposite, opposition
		<b>outsd</b>	outside
<b>I/O</b>	in and out	<b>ovr</b>	over
<b>imp</b>	impetus	<b>ovrsway</b>	oversway
<b>insd</b>	inside	<b>ovrtrn</b>	overturn
<b>intld</b>	interlude		
<b>intro</b>	introduction	<b>PCT</b>	preferred cue term
<b>intrpd</b>	interrupted	<b>PD</b>	Paso Doble
		<b>Ph I...Ph VI</b>	Phase I...Phase 6
<b>jn</b>	join	<b>plc</b>	place
<b>JV</b>	Jive	<b>pos</b>	position
		<b>prep</b>	prepare/ preparation
<b>kbchg</b>	kick ball change	<b>prog</b>	progressive
<b>kck</b>	kick	<b>PROM</b>	promenade



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<u>ABBREVIATION</u>	<u>DEFINITION</u>	<u>ABBREVIATION</u>	<u>DEFINITION</u>
Prom	Promenade	sd	side
prtzl	pretzel	seq	sequence
pt	point	serp	serpiente
ptr	partner	sgl	single
PU	Pickup [Position]	SHDW	Shadow [Position]
pu	pickup	shdw	shadow
pvt	pivot	shfl	shuffle
		shldr	shoulder
Q	quick [as used in timing]	sip	step in place
qk	quick [not used in timing]	skt	skate
QS	Quickstep	SKTRS	Skaters [Position]
qtr	quarter	sld	slide
		slo	slow [not used in timing]
		slp	slip
R	right	sm	small
R ft bas	right foot basic	sndstp	sand step
R/D	Round Dance/Dancing	span	Spanish
RAL	ROUNDALAB	spn	spin
RB	Rumba	sprl	spiral
rec	recover	spt	spot
rel	release	ST	Slow Two step
rev	reverse	sta	stationary
RF	Right Face	std	standard
rk	rock	stg	starting
RLOD	Reverse Line of Dance	stk	stick
		stp	step
ROM	Round of the Month	strll	stroll
		swch	switch
ROQ	Round of the Quarter	swd	sideward
		swhrt	sweetheart
rpt	repeat	swvl	swivel
RSCP	Reverse Semi-Closed Position	sync	syncopation/ syncopated
		tch	touch
S	slow [as used in timing]	tele	telemark
		telefthr	telefeather
S/D	Square Dance/Dancing	telespn	telespin
		teleswvl	teleswivel
SB	Samba	TG	Tango
SCAR	Sidecar [Position]	tg cl	Tango close
scis	scissors	thru	through
SCP	Semi-Closed [Position]	thrwy	throwaway
		tim	time
		tog	together

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trans	transition	XRib	cross right in back
trav	traveling	XRif	cross right in front
trl	trail	XRLOD	cross Reverse Line of Dance
trn	turn	xtn	extend
trpl	triple		
TS	Two Step		
twd	toward		
twkl	twinkle		
twrl	twirl		
twst	twist		
umbr	umbrella		
undr	under		
undrm	underarm		
undrtrn	underturn		
unph	unphased		
VARs	Varsouvienne [Position]		
vien	Viennese		
vin	vine		
W	woman/lady		
w/	with		
w/o	without		
wav	wave		
WC	West Coast Swing		
wev	weave		
wgt	weight		
whl	wheel		
whp	whip		
whl	whaletail		
wlk	walk		
WRP	Wrapped [Position]		
wrp	wrap		
wsk	whisk		
wt	wait		
WZ	Waltz		
X	cross		
xfer	transfer		
Xib	cross in back		
Xif	cross in front		
XLib	cross left in back		
XLif	cross left in front		
XLOD	cross Line of Dance		

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<u>DEFINITION</u>	<u>ABBREVIATION</u>	<u>DEFINITION</u>	<u>ABBREVIATION</u>
one through nine, etc	<b>1-9</b>	check	<b>ck</b>
half	<b>1/2</b>	chicken	<b>chkn</b>
quarter	<b>1/4</b>	circle	<b>circ</b>
twice, 3 times, etc.	<b>2x, 3x....</b>	Clockwise	<b>CW</b>
about	<b>abt</b>	close, closed	<b>cl</b>
acknowledge	<b>ack</b>	Closed [Position]	<b>CP</b>
across	<b>acrs</b>	commence	<b>comm</b>
adjust	<b>adj</b>	complete	<b>comp</b>
advance, advanced	<b>adv</b>	continue, continuous	<b>cont</b>
alternating	<b>alt</b>	contra body movement	<b>cbm</b>
American	<b>amer</b>	Contra Body Movement Position	<b>CBMP</b>
apart	<b>apt</b>	copacabana	<b>copa</b>
approximately	<b>approx</b>	count	<b>ct</b>
Argentine Tango	<b>AT</b>	Counterclockwise	<b>CCW</b>
around	<b>arnd</b>	couple	<b>cpl</b>
average	<b>avg</b>	crab	<b>crb</b>
away	<b>awy</b>	criss cross	<b>criss x</b>
back	<b>bk</b>	cross	<b>X</b>
back ocho	<b>bk ocho</b>	cross in back	<b>Xib</b>
backward	<b>bwd</b>	cross in front	<b>Xif</b>
balance	<b>bal</b>	cross left in back	<b>XLib</b>
Banjo [Position]	<b>BJO</b>	cross left in front	<b>XLif</b>
basic	<b>bas</b>	cross Line of Dance	<b>XLOD</b>
basketball	<b>ball</b>	cross Reverse Line of Dance	<b>XRLOD</b>
beat	<b>bt</b>	cross right in back	<b>XRib</b>
behind	<b>bhd</b>	cross right in front	<b>XRif</b>
body	<b>bdy</b>	cucaracha	<b>cuca</b>
Bolero [Rhythm]	<b>BL</b>	curve	<b>crv</b>
both	<b>bth</b>	demonstration	<b>demo</b>
break	<b>brk</b>	Diagonal, diagonally	<b>DIAG</b>
breakaway	<b>brkwy</b>	Diagonal Line of	
bridge	<b>brg</b>	Dance and Center of Hall	<b>DLC</b>
broken	<b>brkn</b>	Diagonal Line of	
Butterfly [Position]	<b>BFLY</b>	Dance and Wall	<b>DLW</b>
center	<b>cntr</b>	Diagonal Reverse	
Center of Hall	<b>COH</b>	Line of Dance	
Cha Cha	<b>CH</b>	and Center of Hall	<b>DRC</b>
chair	<b>chr</b>	Diagonal Reverse	
challenge	<b>chal</b>	Line of Dance and	
change	<b>chg</b>	Wall	<b>DRW</b>
Charleston	<b>chrilstn</b>		
chase	<b>chs</b>		

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<u>DEFINITION</u>	<u>ABBREVIATION</u>	<u>DEFINITION</u>	<u>ABBREVIATION</u>
diamond	<b>diam</b>	impetus	<b>imp</b>
difficult	<b>diff</b>	in and out	<b>I/O</b>
dip	<b>dp</b>	inside	<b>insd</b>
direction	<b>dir</b>	interlude	<b>intld</b>
door	<b>dr</b>	interrupted	<b>intrpd</b>
double	<b>dbl</b>	introduction	<b>intro</b>
down	<b>dwn</b>		
drag	<b>drg</b>	Jive	<b>JV</b>
		join	<b>jn</b>
easy	<b>ez</b>		
elevation	<b>elev</b>	kick	<b>kck</b>
extend	<b>xtn</b>	kick ball change	<b>kbchg</b>
face	<b>fc</b>	lace	<b>lc</b>
Facing [Position]	<b>FCG</b>	lariat	<b>lrt</b>
fallaway	<b>falwy</b>	lead	<b>ld</b>
feather	<b>fthr</b>	left	<b>L</b>
fence	<b>fnc</b>	left foot basic	<b>L ft bas</b>
figure	<b>fig</b>	Left Face	<b>LF</b>
Figure Video		Line of Dance	<b>LOD</b>
Software	<b>FVS</b>	lock	<b>lk</b>
finish	<b>fin</b>	Loose Closed	
fishtail	<b>fshtl</b>	[Position]	<b>LCP</b>
flare	<b>flr</b>	lunge	<b>lun</b>
flick	<b>flk</b>		
foot	<b>ft</b>	Mambo	<b>MB</b>
forward	<b>fwd</b>	maneuver	<b>manuv</b>
forward ocho	<b>fwd ocho</b>	man/gent/gentleman	<b>M</b>
Foxtrot	<b>FT</b>	measure	<b>meas</b>
front	<b>frnt</b>	measures per minute	<b>mpm</b>
		Merengue	<b>MR</b>
gaucho	<b>gcho</b>	mixed or multiple	
gaucho turn	<b>gcho trn</b>	rhythms	<b>MX</b>
		modify/modified	<b>mod</b>
hand	<b>hnd</b>	momentary	<b>mom</b>
Hand Shake		move	<b>mv</b>
[Position]	<b>HNDSHK</b>	movement	<b>mvt</b>
head	<b>hd</b>		
height	<b>hgt</b>	natural	<b>nat</b>
hesitation	<b>hes</b>	New Yorker	<b>ny</b>
hitch	<b>htch</b>		
hockey	<b>hky</b>	open	<b>op</b>
hook	<b>hk</b>	Open [Position]	<b>OP</b>
hover	<b>hvr</b>		

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## Abbreviations

### IV. ABBREVIATIONS [alphabetized by Definition]

<u>DEFINITION</u>	<u>ABBREVIATION</u>	<u>DEFINITION</u>	<u>ABBREVIATION</u>
opposite, opposition	<b>opp</b>	Round of the Quarter	<b>ROQ</b>
outside	<b>outsd</b>	Rumba	<b>RB</b>
over	<b>ovr</b>		
oversway	<b>ovrsway</b>	Samba	<b>SB</b>
overturn	<b>ovrtrn</b>	sand step	<b>sndstp</b>
		scissors	<b>scis</b>
partner	<b>ptr</b>	Semi-Closed	
Paso Doble	<b>PD</b>	[Position]	<b>SCP</b>
Phase I...Phase 6	<b>Ph I...Ph VI</b>	sequence	<b>seq</b>
pickup	<b>pu</b>	serpiente	<b>serp</b>
Pickup [Position]	<b>PU</b>	shadow	<b>shdw</b>
pivot	<b>pvt</b>	Shadow [Position]	<b>SHDW</b>
place	<b>plc</b>	shoulder	<b>shldr</b>
point	<b>pt</b>	shuffle	<b>shfl</b>
position	<b>pos</b>	side	<b>sd</b>
preferred cue term	<b>PCT</b>	Sidecar [Position]	<b>SCAR</b>
prepare/preparation	<b>prep</b>	sideward	<b>swd</b>
pretzel	<b>prtzl</b>	single	<b>sgl</b>
progressive	<b>prog</b>	skate	<b>skt</b>
promenade	<b>prom</b>	Skaters [Position]	<b>SKTRS</b>
Promenade	<b>PROM</b>	slide	<b>sld</b>
		slip	<b>slp</b>
quarter	<b>qtr</b>	slow [as used in timing]	<b>S</b>
quick [as used in timing]	<b>Q</b>	slow [ <b>not</b> used in timing]	<b>slo</b>
quick [ <b>not</b> used in timing]	<b>qk</b>	Slow Two step	<b>ST</b>
Quickstep	<b>QS</b>	small	<b>sm</b>
		Spanish	<b>span</b>
recover	<b>rec</b>	spin	<b>spn</b>
release	<b>rel</b>	spiral	<b>spri</b>
repeat	<b>rpt</b>	spot	<b>spt</b>
reverse	<b>rev</b>	Square	
Reverse Line of Dance	<b>RLOD</b>	Dance/Dancing	<b>S/D</b>
Reverse Semi-Closed Position	<b>RSCP</b>	standard	<b>std</b>
right	<b>R</b>	starting	<b>stg</b>
right foot basic	<b>R ft bas</b>	stationary	<b>sta</b>
Right Face	<b>RF</b>	step	<b>stp</b>
rock	<b>rk</b>	step in place	<b>sip</b>
ROUNDALAB	<b>RAL</b>	stick	<b>stk</b>
Round		stroll	<b>strll</b>
Dance/Dancing	<b>R/D</b>	sweetheart	<b>swhrt</b>
Round of the Month	<b>ROM</b>	switch	<b>swch</b>
		swivel	<b>swvl</b>

**ROUNDALAB STANDARD**  
**Abbreviations**

**IV. ABBREVIATIONS [alphabetized by Definition]**

<u>DEFINITION</u>	<u>ABBREVIATION</u>	<u>DEFINITION</u>	<u>ABBREVIATION</u>
syncopation/ syncopated	<b>sync</b>	wheel	<b>whl</b>
		whip	<b>whp</b>
		whisk	<b>wsk</b>
Tango	<b>TG</b>	with	<b>w/</b>
Tango close	<b>tg cl</b>	without	<b>w/o</b>
telefeather	<b>telefthr</b>	woman/lady	<b>W</b>
telemark	<b>tele</b>	wrap	<b>wrp</b>
telespin	<b>telespn</b>	Wrapped [Position]	<b>WRP</b>
teleswivel	<b>teleswvl</b>		
through	<b>thru</b>		
throwaway	<b>thrwy</b>		
time	<b>tim</b>		
together	<b>tog</b>		
touch	<b>tch</b>		
toward	<b>twd</b>		
trail	<b>trl</b>		
transfer	<b>xfer</b>		
transition	<b>trans</b>		
traveling	<b>trav</b>		
triple	<b>trpl</b>		
turn	<b>trn</b>		
twinkle	<b>twkl</b>		
twirl	<b>twrl</b>		
twist	<b>twst</b>		
Two Step	<b>TS</b>		
umbrella	<b>umbr</b>		
under	<b>undr</b>		
underarm	<b>undrm</b>		
underturn	<b>undrtrn</b>		
unphased	<b>unph</b>		
Varsouvienne [Position]	<b>VARs</b>		
Viennese	<b>vien</b>		
vine	<b>vin</b>		
wait	<b>wt</b>		
walk	<b>wlk</b>		
Waltz	<b>WZ</b>		
wave	<b>wav</b>		
weave	<b>wev</b>		
weight	<b>wgt</b>		
West Coast Swing	<b>WC</b>		
whaletail	<b>whtl</b>		