



ROUNDALAB

STANDARDS FOR ROUND DANCING

ABBREVIATIONS

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ROUNDALAB STANDARD

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I. INTRODUCTION & CHANGES

INTRODUCTION:

Purpose of Abbreviations: To reduce the size of words, without confusing the reader, and to conserve space within the body of the cue sheet. The following guidelines apply to the usage of abbreviations and punctuation.

The format of the title reflects the status of the descriptions or definitions that follow:

Approved Standard -
Tentative Standard -

Boldface Type

Underlined and preceded by a single asterisk [*].

On ROUNDALAB Digital Video Disks [DVDs] -

Preceded by a number sign [#].

Copies of the following additional manuals, booklets, Digital Video Discs [DVDs] and Figure Video Software [FVS] may be purchased from:

ROUNDALAB
2803 Louisiana St.
Longview, Washington 98632
PHONE: 877 Y I DANCE [877-943-2623] US/CANADA
360-423-7423 all other countries
WEBSITE: www.roundalab.org
E-MAIL: roundalab@roundalab.org

- Phase Booklets – Phases I through VI
- Glossary
- Abbreviations Booklet
- Index for Glossary & Phase Booklets
- Listing of Phase Rated Actions, Movements and Figures by Rhythm Booklet
- Listing of Phase Rated Actions, Movements and Figures by Phase Booklet
- Cueing Guidelines
- Cue Sheet Writing Guidelines
- New Round Dance Leaders Manual - Phase I / II
- Teaching Manuals for Phase III and IV
- Preliminary Foot Movements & Positions/Dance Positions/Walks in all Rhythms Booklet
- Callers Manual for Using Rounds in the Square Dance Program
- Instructional Digital Video Discs [DVDs] [Phase I through Phase VI and Addendum]
- Figure Video Software [FVS]

Because of changes over time as well as differences of interpretation, inconsistencies may appear between the ROUNDALAB Digital Video Discs [DVDs], Figure Video Software [FVS] and the ROUNDALAB Phase Booklets. In such instances, the Phase Booklets should be taken as containing the most up to date material available.

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CHANGES:

Proposed changes to this Standard should be submitted to:

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Proposed changes are to be submitted as follows:

1. Specific reason[s] for the change.
2. Proposed changes must be received by November 1 to be considered at the next Annual ROUNDALAB Convention.
3. Request[s] to change Tentative Standards must be endorsed by signatures from at least two [2] ROUNDALAB Teaching Member Units in good standing. These endorsements must be part of, and accompany, the original request.
4. Tentative Standards will be considered permanent if no comment is received within the year following approval at the annual convention. Tentative Standards are preceded in the phase booklets with an asterisk [*].
5. Request[s] to change Permanent Standards must be endorsed by signatures from at least five [5] ROUNDALAB Teaching Member Units in good standing. These endorsements must be part of, and accompany, the original request.
6. Request for addition and phasing of a new action, movement or figure requires three [3] different choreographers use the action, movement or figure in three [3] dances prior to being defined and included in the ROUNDALAB Standards. Requests must be endorsed by signatures from at least five [5] ROUNDALAB Teaching Member Units in good standing. Cue sheets are to be submitted with the request and must be received by November 1 to be considered at the next Annual ROUNDALAB Convention.

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ROUNDALAB PHASE RATING SYSTEM

The purpose of the "**ROUNDALAB Phase Rating System**" is to provide a method for rating basic round dance actions, movements and figures according to the degree of complexity. This system can be readily used and understood by all those involved in round dancing to rate a dance at the appropriate phase. This concept works as follows:

- a. If all actions, movements and figures in a dance are from the same phase, the dance will be phased at that phase.
- b. A dance cannot have more than two actions, movements or figures [or any combination thereof] from the next higher phase and remain at the lower phase.
 - [1] If there is one action, movement or figure in a dance from the next higher phase, the dance will be phased at the lower phase plus 1 [e.g., a Phase II dance with one figure from Phase III will be rated Phase II +1].
 - [2] If there are two actions, movements or figures [or any combination thereof] in the dance from the next higher phase, the dance will be phased at the lower phase plus 2 [e.g., a Phase II dance with two figures from Phase III will be rated Phase II +2].
 - [3] Three or more actions, movements or figures [or any combination thereof] in the next higher phase requires the dance to be rated at the higher phase level.
- c. A dance cannot be rated any lower than one phase below the highest action, movement or figure used [e.g., a Phase III dance with one figure from Phase V will be rated as Phase IV +1].
- d. If a particular rhythm in a phase has lists of "a" and "b" figures, the choreographer, teacher or cuer may optionally choose to phase the dance more precisely by using the "a" or "b" designation. Example: Phase IV Waltz may be phased as IV-a or IV-b. If using this option, the following guidelines apply:
 - [1] Use the ROUNDALAB official "a" and "b" figure lists for the particular rhythm and phase. Lists may be found within the Phase booklets. Not all rhythms or phases have such lists. If there are no such lists, continue to follow the phasing guidelines above and do not include an "a" or "b" in the phase rating.
 - [2] Dances may only be phased at the "a" category if ALL figures in the dance are on the "a" list for that phase or are from a lower phase, all actions and movements are also within that phase or are from a lower phase, and there are no unphased actions, movements or figures in the dance. No "plus" figures are allowed in an "a" dance. [e.g., A dance may be a Phase IV-a, but it cannot be a Phase IV-a +1 dance. See next section for how to phase such a dance].
 - [3] If there are one or more figures from the "b" list in the dance, the dance is to be phased at the "b" level for that phase. [e.g., A Phase IV Waltz with all figures from the "a" list except one figure from the "b" list is to be phased IV-b].
 - [4] If there are one or more figures from one phase higher, or if there are any unphased actions, movements or figures, the dance is to be phased at the "b" level, even if all of the other figures are from the "a" list. [e.g., A Phase IV Waltz that uses only figures from the "a" list plus one figure from Phase V is to be phased as IV-b +1. A Phase IV Waltz that uses only figures from the "a" list plus one Phase V figure plus one unphased figure is to be phased IV-b +1 +1. A Phase IV Waltz that uses only figures from the "a" list plus one unphased figure is to be phased IV-b +0 +1].
 - [5] If the dance uses multiple rhythms and one or more rhythm[s] being used has the "a"

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or “b” designations, and one or more rhythm[s] does not have “a” or “b” designations, or if the dance uses one or more figures from a different rhythm that does not have an “a” or “b” list, then it should be phased either as a “b” or no “a” or “b” designation should be listed. [e.g., A Phase IV dance using Jive and Foxtrot with all Foxtrot figures from the “a” list is to be phased as a Phase IV {no “a” or “b” designation}, as Jive does not have an “a” or “b” list, or could be phased as a Phase IV-b if desired.

ROUNDALAB suggests the Phase Rating be included in the lead information on every cue sheet. Choreographers should put a “degree of difficulty” as part of the heading of a cue sheet, as determined by the following parameters:

- a. EASY [EZ] – a dance that can be done to cues by the average dancer at THAT phase level without further instructions by the cuer.
- b. AVERAGE [AVG] – a dance that can be done to cues by the average dancer at THAT phase level with one or two simple instructions explained by the cuer, e.g., “Lady rolls to LOP, not a Cross Wrap”.
- c. DIFFICULT [DIFF] – a dance that probably cannot be done by the average dancer at that phase level without a special teach because of rotations; unphased actions, movements or figures; unusual positioning; figure modifications; or tempo or timing changes.

ROUNDALAB recommends that choreographers assume the responsibility of rating their own dance before publication. However, if the choreographer does not rate the dance, then any person can easily rate the dance by using ROUNDALAB criteria.

II. GUIDELINES

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The following rules apply to the usage of abbreviations:

RULE:

- #1** Words or expressions that are not included in the “Abbreviation List” should be spelled out completely.
- #2** All positions, hall directions, and turning directions shall be in capital letters.
e.g., “OP”, “COH”, “LF”
- #3** Letters within the abbreviations in upper case must be used in upper case.
e.g., “LOD”, “Xib”
- #4** Letters within the abbreviations in lower case should generally be used in that case. But judicious usage of capitalization is permissible.
e.g., “Apt Pt”, “chg plcs”
- #5** A “un” may be pre-fixed to undo a figure.
e.g., “unwrp” means “unwrap”
- #6** An “s” may be suffixed to any abbreviation to create plurality.
e.g., “hnds”, “chg plcs”
- #7** An “’s” [with apostrophe] may be suffixed to create ownership.
e.g., “M’s L ft” means “man’s left foot”
- #8** A “g” may be suffixed to replace “ing”.
e.g., “fcg” means “facing”
- #9** A “d” may be suffixed to replace “ed”.
e.g., “jnd” means “joined”
- #10** Any number may be represented in its numeric form.
e.g., “2 fwd 2 steps” means “two forward two steps”
- #11** Abbreviations may be combined.
e.g., “ovrspn” means “over spin”
- #12** A “-” [hyphen] may replace “-to-” or “to”.
e.g., “fc-fc” means “face-to-face” or “face to face”
“chg plcs R-L” means “Change Places Right to Left”

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III. PUNCTUATION

- # The "number sign" is used in the phase booklets to denote figures on the ROUNDALAB Video Phase Tapes.
- & The "and" or "ampersand" denotes a half beat, an additional step to a single beat.
- () The "parentheses" are used ONLY to show the steps for the woman.
- ,
- The "hyphen" preceded by a space indicates a hold or wait during a beat of music.
- / The "slash" denotes two foot actions on one beat, e.g., step/step, step on counts 1&, 2& or on 1a, 2. Or, sometimes two figures are danced in the same measure at the same time, one partner performing one figure while the other partner performs the second figure, e.g., Hitch/Scissors.
- 1 An Arabic number to the left of a description denotes the measure being described. An Arabic number following a cue term denotes the number of steps to be taken.
- ;
- [] The "brackets" are used only to surround supplementary information.
- a A small "a" denotes the last quarter [1/4] of a beat; an additional step within the beat.
- { } The "braces" are used for figure name in the detail text portion of the Cue Sheet. e.g., {Box} sd, cl, fwd,-; sd, cl, bk,-;
- ~ The "tilde" is used in Head Cues to connect figures that cross measures. e.g., Change R to L ~ Change L to R;;;

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IV – ABBREVIATIONS [alphabetized by Abbreviation]

| <u>ABBREVIATION</u> | <u>DEFINITION</u> | <u>ABBREVIATION</u> | <u>DEFINITION</u> |
|---------------------|----------------------------------|---------------------|---|
| 1-9 | one through nine, etc. | chr | chair |
| 1/2 | half | chrstn | Charleston |
| 1/4 | quarter | chs | chase |
| 2x, 3x.... | twice, 3 times, etc. | circ | circle |
| abt | about | ck | check |
| ack | acknowledge | cl | close, closed |
| acrs | across | cntr | center |
| adj | adjust | COH | Center of Hall |
| adv | advance, advanced | comm | commence |
| amer | American | comp | complete |
| approx | approximately | cont | continue, continuous |
| apt | apart | copa | copacabana |
| AT | Argentine Tango | CP | Closed [Position] |
| arnd | around | cpl | couple |
| avg | average | crb | crab |
| awy | away | criss x | cross cross |
| bal | balance | crv | curve |
| bas | basic | ct | count |
| ball | basketball | cuca | cucaracha |
| bdy | body | CW | Clockwise |
| BFLY | Butterfly [Position] | dbl | double |
| bhd | behind | demo | demonstration |
| BJO | Banjo [Position] | DIAG | Diagonal, diagonally |
| bk | back | diam | diamond |
| bk ocho | back ocho | diff | difficult |
| BL | Bolero [Rhythm] | dir | direction |
| brg | bridge | DLC | Diagonal Line of Dance and Center of Hall |
| brk | break | DLW | Diagonal Line of Dance and Wall |
| brkn | broken | dp | dip |
| brkwy | breakaway | dr | door |
| bt | beat | DRC | Diagonal Reverse Line of Dance and Center of Hall |
| bth | both | drg | drag |
| bwd | backward | DRW | Diagonal Reverse Line of Dance and Wall |
| cbm | contra body movement | dwn | down |
| CBMP | Contra Body Movement Position | elev | elevation |
| CCW | Counterclockwise | ez | easy |
| CH | Cha Cha | | |
| chal | challenge | | |
| chg | change | | |
| chkn | chicken | | |

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IV – ABBREVIATIONS [alphabetized by Abbreviation]

| <u>ABBREVIATION</u> | <u>DEFINITION</u> | <u>ABBREVIATION</u> | <u>DEFINITION</u> |
|----------------------------|--------------------------|----------------------------|------------------------------|
| falwy | fallaway | L | left |
| fc | face | L ft bas | left foot basic |
| FCG | Facing [Position] | lc | lace |
| fig | figure | LCP | Loose Closed [Position] |
| fin | finish | ld | lead |
| flk | flick | LF | Left Face |
| flr | flare | lk | lock |
| fnc | fence | LOD | Line of Dance |
| frnt | front | lrt | lariat |
| fshtl | fishtail | lun | lunge |
| FT | Foxtrot | M | man/gent/gentleman |
| ft | foot | manuv | maneuver |
| fthr | feather | MB | Mambo |
| FVS | Figure Video Software | meas | measure |
| fwd | forward | mod | modify/modified |
| fwd ocho | forward ocho | mom | momentary |
| gcho | gaucho | mpm | measures per minute |
| gcho trn | gaucho turn | MR | Merengue |
| hd | head | mv | move |
| hes | hesitation | mvt | movement |
| hgt | height | MX | mixed or multiple rhythms |
| hk | hook | nat | natural |
| hky | hockey | ny | New Yorker |
| hnd | hand | OP | Open [Position] |
| HNDSHK | Hand Shake [Position] | op | open |
| htch | hitch | opp | opposite, opposition |
| hvr | hover | outsd | outside |
| I/O | in and out | ovr | over |
| imp | impetus | ovrsway | oversway |
| insd | inside | ovrtrn | overturn |
| intld | interlude | PCT | preferred cue term |
| intro | introduction | PD | Paso Doble |
| intrpd | interrupted | Ph I...Ph VI | Phase I...Phase 6 |
| jn | join | plc | place |
| JV | Jive | pos | position |
| kbchg | kick ball change | prep | prepare/ preparation |
| kck | kick | prog | progressive |
| | | PROM | promenade |

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IV – ABBREVIATIONS [alphabetized by Abbreviation]

| <u>ABBREVIATION</u> | <u>DEFINITION</u> | <u>ABBREVIATION</u> | <u>DEFINITION</u> |
|----------------------------|------------------------------|----------------------------|----------------------------|
| Prom | Promenade | sd | side |
| prtzl | pretzel | seq | sequence |
| pt | point | serp | serpiente |
| ptr | partner | sgl | single |
| PU | Pickup [Position] | SHDW | Shadow [Position] |
| pu | pickup | shdw | shadow |
| pvt | pivot | shffl | shuffle |
| | | shldr | shoulder |
| Q | quick [as used in timing] | sip | step in place |
| qk | quick [not used in timing] | skt | skate |
| QS | Quickstep | SKTRS | Skaters [Position] |
| qtr | quarter | sld | slide |
| | | slo | slow [not used in timing] |
| | | slp | slip |
| R | right | sm | small |
| R ft bas | right foot basic | sndstp | sand step |
| R/D | Round Dance/Dancing | span | Spanish |
| RAL | ROUNDALAB | spn | spin |
| RB | Rumba | spri | spiral |
| rec | recover | spt | spot |
| rel | release | ST | Slow Two step |
| rev | reverse | sta | stationary |
| RF | Right Face | std | standard |
| rk | rock | stg | starting |
| RLOD | Reverse Line of Dance | stk | stick |
| | | stp | step |
| ROM | Round of the Month | strll | stroll |
| | | swch | switch |
| ROQ | Round of the Quarter | swd | sideward |
| | | swhrt | sweetheart |
| rpt | repeat | swvl | swivel |
| RSCP | Reverse Semi-Closed Position | sync | syncopation/ syncopated |
| | | tch | touch |
| S | slow [as used in timing] | tele | telemark |
| | | telefthr | telefeather |
| S/D | Square Dance/Dancing | telespn | telespin |
| | | teleswvl | teleswivel |
| SB | Samba | TG | Tango |
| SCAR | Sidecar [Position] | tg cl | Tango close |
| scis | scissors | thru | through |
| SCP | Semi-Closed [Position] | thrwy | throwaway |
| | | tim | time |
| | | tog | together |

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| <u>ABBREVIATION</u> | <u>DEFINITION</u> | <u>ABBREVIATION</u> | <u>DEFINITION</u> |
|---------------------|---------------------------|---------------------|--------------------------------|
| trans | transition | XRib | cross right in back |
| trav | traveling | XRif | cross right in front |
| trl | trail | XRLOD | cross Reverse Line of Dance |
| trn | turn | xtn | extend |
| trpl | triple | | |
| TS | Two Step | | |
| twd | toward | | |
| twkl | twinkle | | |
| twrl | twirl | | |
| twst | twist | | |
| umbr | umbrella | | |
| undr | under | | |
| undrm | underarm | | |
| undrtrn | underturn | | |
| unph | unphased | | |
| VARs | Varsouvienn [Position] | | |
| vien | Viennese | | |
| vin | vine | | |
| W | woman/lady | | |
| w/ | with | | |
| w/o | without | | |
| wav | wave | | |
| WC | West Coast Swing | | |
| wev | weave | | |
| wgt | weight | | |
| whl | wheel | | |
| whp | whip | | |
| whtl | whaletail | | |
| wlk | walk | | |
| WRP | Wrapped [Position] | | |
| wrp | wrap | | |
| wsk | whisk | | |
| wt | wait | | |
| WZ | Waltz | | |
| X | cross | | |
| xfer | transfer | | |
| Xib | cross in back | | |
| Xif | cross in front | | |
| XLib | cross left in back | | |
| XLif | cross left in front | | |
| XLOD | cross Line of Dance | | |

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IV. ABBREVIATIONS [alphabetized by Definition]

| <u>DEFINITION</u> | <u>ABBREVIATION</u> | <u>DEFINITION</u> | <u>ABBREVIATION</u> |
|-----------------------|---------------------|----------------------|---------------------|
| one through nine, etc | 1-9 | chicken | chkn |
| half | 1/2 | circle | circ |
| quarter | 1/4 | Clockwise | CW |
| twice, 3 times, etc. | 2x, 3x.... | close, closed | cl |
| | | Closed [Position] | CP |
| about | abt | commence | comm |
| acknowledge | ack | complete | comp |
| across | acrs | continue, continuous | cont |
| adjust | adj | contra body | |
| advance, advanced | adv | movement | cbm |
| American | amer | Contra Body | |
| apart | apt | Movement Position | CBMP |
| approximately | approx | copacabana | copa |
| Argentine Tango | AT | count | ct |
| around | arnd | Counterclockwise | CCW |
| average | avg | couple | cpl |
| away | awy | crab | crb |
| | | criss cross | criss x |
| back | bk | cross | X |
| back ocho | bk ocho | cross in back | Xib |
| backward | bwd | cross in front | Xif |
| balance | bal | cross left in back | XLib |
| Banjo [Position] | BJO | cross left in front | XLif |
| basic | bas | cross Line of Dance | XLOD |
| basketball | ball | cross Reverse Line | |
| beat | bt | of Dance | XRLOD |
| behind | bhd | cross right in back | XRib |
| body | bdy | cross right in front | XRif |
| Bolero [Rhythm] | BL | cucaracha | cuca |
| both | bth | curve | crv |
| break | brk | | |
| breakaway | brkwy | demonstration | demo |
| bridge | brg | Diagonal, diagonally | DIAG |
| broken | brkn | Diagonal Line of | |
| Butterfly [Position] | BFLY | Dance and Center | |
| | | of Hall | DLC |
| center | cntr | Diagonal Line of | |
| Center of Hall | COH | Dance and Wall | DLW |
| Cha Cha | CH | Diagonal Reverse | |
| chair | chr | Line of Dance | |
| challenge | chal | and Center of Hall | DRC |
| change | chg | Diagonal Reverse | |
| Charleston | chrlstn | Line of Dance and | |
| chase | chs | Wall | DRW |
| check | ck | | |

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| <u>DEFINITION</u> | <u>ABBREVIATION</u> | <u>DEFINITION</u> | <u>ABBREVIATION</u> |
|-------------------|---------------------|---------------------|---------------------|
| diamond | diam | impetus | imp |
| difficult | diff | in and out | I/O |
| dip | dp | inside | insd |
| direction | dir | interlude | intld |
| door | dr | interrupted | intrpd |
| double | dbl | introduction | intro |
| down | dwn | | |
| drag | drg | Jive | JV |
| | | join | jn |
| easy | ez | | |
| elevation | elev | kick | kck |
| extend | xtn | kick ball change | kbchg |
| | | | |
| face | fc | lace | lc |
| Facing [Position] | FCG | lariat | lrt |
| fallaway | falwy | lead | ld |
| feather | fthr | left | L |
| fence | fnc | left foot basic | L ft bas |
| figure | fig | Left Face | LF |
| Figure Video | | Line of Dance | LOD |
| Software | FVS | lock | lk |
| finish | fin | Loose Closed | |
| fishtail | fshtl | [Position] | LCP |
| flare | flr | lunge | lun |
| flick | flk | | |
| foot | ft | Mambo | MB |
| forward | fwd | maneuver | manuv |
| forward ocho | fwd ocho | man/gent/gentleman | M |
| Foxtrot | FT | measure | meas |
| front | frnt | measures per minute | mpm |
| | | Merengue | MR |
| gaucho | gcho | mixed or multiple | |
| gaucho turn | gcho trn | rhythms | MX |
| | | modify/modified | mod |
| hand | hnd | momentary | mom |
| Hand Shake | | move | mv |
| [Position] | HNDSHK | movement | mvt |
| head | hd | | |
| height | hgt | natural | nat |
| hesitation | hes | New Yorker | ny |
| hitch | htch | | |
| hockey | hky | open | op |
| hook | hk | Open [Position] | OP |
| hover | hvr | | |

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| <u>DEFINITION</u> | <u>ABBREVIATION</u> | <u>DEFINITION</u> | <u>ABBREVIATION</u> |
|----------------------|---------------------|----------------------|---------------------|
| opposite, opposition | opp | Round of the Quarter | ROQ |
| outside | outsd | Rumba | RB |
| over | ovr | | |
| oversway | ovrsway | Samba | SB |
| overturn | ovtrn | sand step | sndstp |
| | | scissors | scis |
| partner | ptr | Semi-Closed | |
| Paso Doble | PD | [Position] | SCP |
| Phase I...Phase 6 | Ph I...Ph VI | sequence | seq |
| pickup | pu | serpiente | serp |
| Pickup [Position] | PU | shadow | shdw |
| pivot | pvt | Shadow [Position] | SHDW |
| place | plc | shoulder | shldr |
| point | pt | shuffle | shfl |
| position | pos | side | sd |
| preferred cue term | PCT | Sidecar [Position] | SCAR |
| prepare/preparation | prep | sideward | swd |
| pretzel | prtzl | single | sgl |
| progressive | prog | skate | skt |
| promenade | prom | Skaters [Position] | SKTRS |
| Promenade | PROM | slide | sld |
| | | slip | slp |
| quarter | qtr | slow [as used in | |
| quick [as used in | | timing] | S |
| quick [not used in | Q | slow [not used in | |
| timing] | | timing] | slo |
| Quickstep | qk | Slow Two step | ST |
| | QS | small | sm |
| | | Spanish | span |
| recover | rec | spin | spn |
| release | rel | spiral | sprl |
| repeat | rpt | spot | spt |
| reverse | rev | Square | |
| Reverse Line of | | Dance/Dancing | S/D |
| Dance | RLOD | standard | std |
| Reverse Semi-Closed | | starting | stg |
| Position | RSCP | stationary | sta |
| right | R | step | stp |
| right foot basic | R ft bas | step in place | sip |
| Right Face | RF | stick | stk |
| rock | rk | stroll | strll |
| ROUNDALAB | RAL | sweetheart | swhrt |
| Round | | switch | swch |
| Dance/Dancing | R/D | swivel | swvl |
| Round of the Month | ROM | | |

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IV. ABBREVIATIONS [alphabetized by Definition]

| <u>DEFINITION</u> | <u>ABBREVIATION</u> | <u>DEFINITION</u> | <u>ABBREVIATION</u> |
|----------------------------|---------------------|--------------------|---------------------|
| syncopation/ syncopated | sync | wheel | whl |
| | | whip | whp |
| | | whisk | wsk |
| Tango | TG | with | w/ |
| Tango close | tg cl | without | w/o |
| telefeather | telefthr | woman/lady | W |
| telemark | tele | wrap | wrp |
| telespin | telespn | Wrapped [Position] | WRP |
| teleswivel | teleswvl | | |
| through | thru | | |
| throwaway | thrwy | | |
| time | tim | | |
| together | tog | | |
| touch | tch | | |
| toward | twd | | |
| trail | trl | | |
| transfer | xfer | | |
| transition | trans | | |
| traveling | trav | | |
| triple | trpl | | |
| turn | trn | | |
| twinkle | twkl | | |
| twirl | twrl | | |
| twist | twst | | |
| Two Step | TS | | |
| umbrella | umbr | | |
| under | undr | | |
| underarm | undrm | | |
| underturn | undrtrn | | |
| unphased | unph | | |
| Varsouvienne [Position] | VARs | | |
| Viennese | vien | | |
| vine | vin | | |
| wait | wt | | |
| walk | wlk | | |
| Waltz | WZ | | |
| wave | wav | | |
| weave | wev | | |
| weight | wgt | | |
| West Coast Swing | WC | | |
| whaletail | whtl | | |